

em
ELLIE & MAC
SEWING PATTERNS



ear
warmer
pattern

great scrap buster
quick & easy
newborn - adult



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Read the pattern before you begin to set yourself up for a successful project.

Fabric

RECOMMENDATIONS

The Ear Warmer Headband Pattern was designed to keep you looking stylish, with warm ears all winter long! It is great for scrap busting! It offers medical workers a button option to attach medical masks.

This pattern is most successful when 50% or more 4-way stretch knit fabrics with good recovery are used.

Supplies

NEEDED

- Rotary cutter and mat - Trust me this is a must have!! Try it out, you will never go back!
- Fabric- see recommendation on page 3
- All purpose thread for sewing machine
- Clips/Pins
- Ballpoint needles
- Sewing machine
- Scissors
- Iron and ironing board
- Printer and paper
- Tape or glue stick
- 1" Buttons for use with medical mask option



FABRIC REQUIREMENTS

Sizes Newborn - 4/12 Yrs

1/3 yard

0.31 meter

Sizes Teen/Adult

1/2 Yard

0.46 meter

SEWING Glossary

Take a moment to familiarize yourself with some sewing terms that might be used in this tutorial.

Armhole-

The armhole is the opening in the bodice to which the sleeve is attached to.

Casing-

A casing is a fabric tunnel through which elastic or a drawstring can be threaded to pull in or draw up the fabric.

Face-

The “front” of a piece of fabric having a distinct front and back; same as right side.

Facing-

A facing is fabric used to finish the raw edges of a garment such as at neckline and armhole. Shaped facings are cut to match the edge they will face, and bias facings are strips of fabric cut on the bias or cross-grain and shaped to fit edge.

Gather-

Gathering is a technique for shortening the length of a strip of fabric so that the longer piece can be attached to a shorter piece. It is commonly used in clothing to manage fullness, as when a full sleeve is attached to the armhole or cuff of a shirt, or when a skirt is attached to a bodice. In simple gathering, parallel rows of running stitches are sewn along one edge of the fabric to be gathered. The stitching threads are then pulled or “drawn up” so that the fabric forms small folds along the threads.

Hem-

1. To hem a piece of cloth (in sewing), a garment worker folds up a cut edge, folds it up again, and then sews it down. The process of hemming thus completely encloses the cut edge in cloth, so that it cannot unravel.
2. A hem is also the edge of cloth hemmed in this manner.

Lining-

1. Lining is an inner layer of fabric, fur, or other material that provides a neat finish; conceals seam allowances, interfacing, and construction details; and allows a garment to slip on and off easily.
2. The process of inserting a lining layer.

Overlay-

The top layer of fabric when a different fabric is underneath. Lace will often be an overlay and have a lining under to prevent being see through.

Right Side-

The “front” of a piece of fabric having a distinct front and back; same as face. Sometimes called the “public” side or “main” fabric.

Seam-

A seam, in sewing, is the line where two pieces of fabric are held together by thread.

Seam Allowance-

A seam allowance is the area between the edge of fabric and the stitching line on two (or more) pieces of material being stitched together. Seam allowances can range from 1/4 inch wide (6.35 mm) to as much as several inches. Commercial patterns for home sewers have seam allowances ranging from 1/4 inch to 5/8 inch.

Serging-

Serging is the binding-off of an edge of cloth.

Stitch-

A stitch is a single turn or loop of the thread or yarn in sewing, knitting, and embroidery. Sewing machine stitches are classified by their structure: chain stitch, made with one thread; lockstitch, made with two threads; and overlock, made with one to four threads.

Trim-

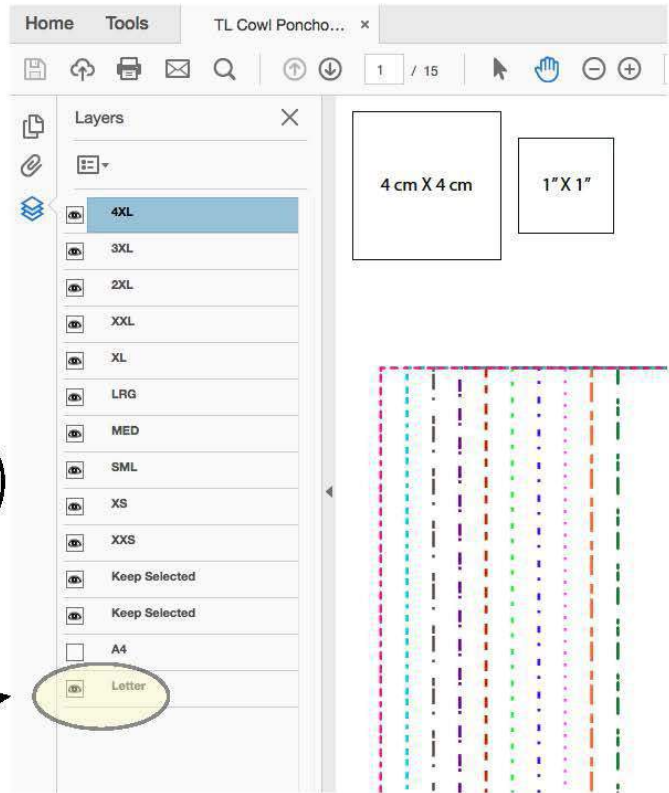
Trim or trimming in clothing and home decorating is applied ornamentation such as gimp, passementerie, ribbon, ruffles, or, as a verb, to apply such ornament.

Wrong Side-

The “back” of a piece of fabric having a distinct front and back.

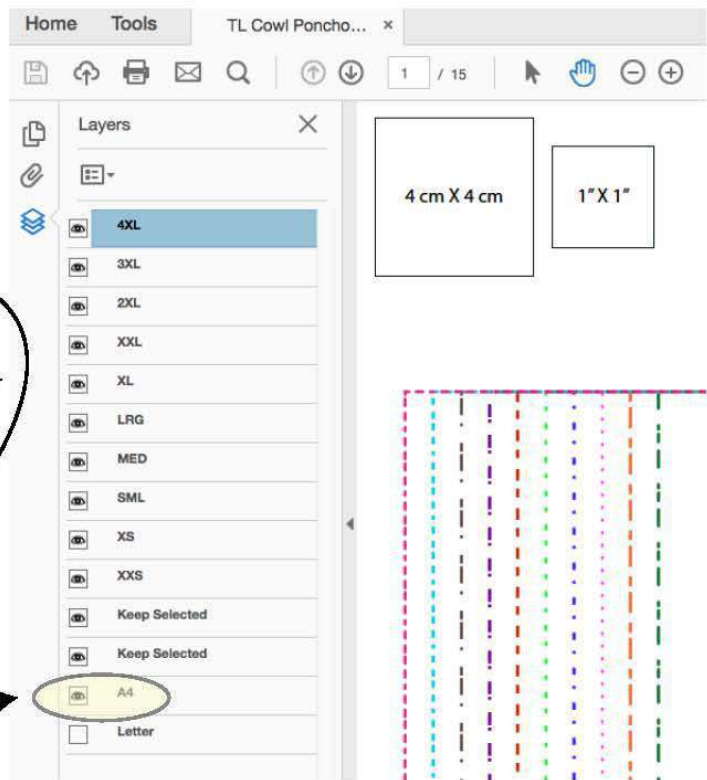
Trimless Print Guide

- To print Letter sized paper.
1. In the Layers Menu select Letter
 2. Deselect A4
 3. From the PRINT MENU select PAGE SETUP and select Paper Size: Letter



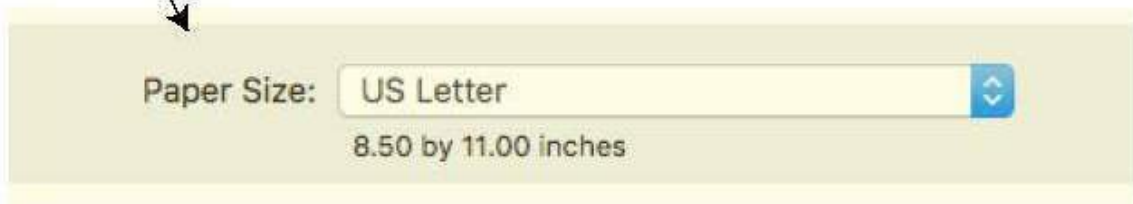
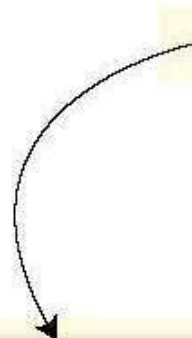
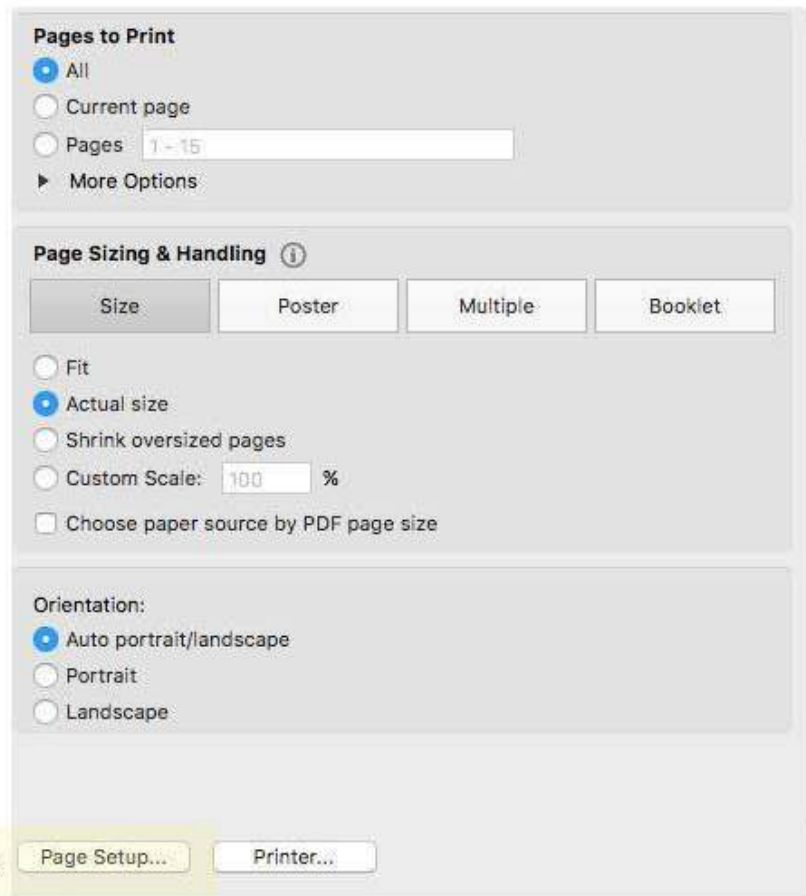
- To print A4 sized paper.
1. In the Layers Menu select A4
 2. Deselect Letter
 3. From the PRINT MENU select PAGE SETUP and select Paper Size: *Letter

*(Yes, Letter even though you have A4 size paper loaded in your printer. It's weird but it works this way.)

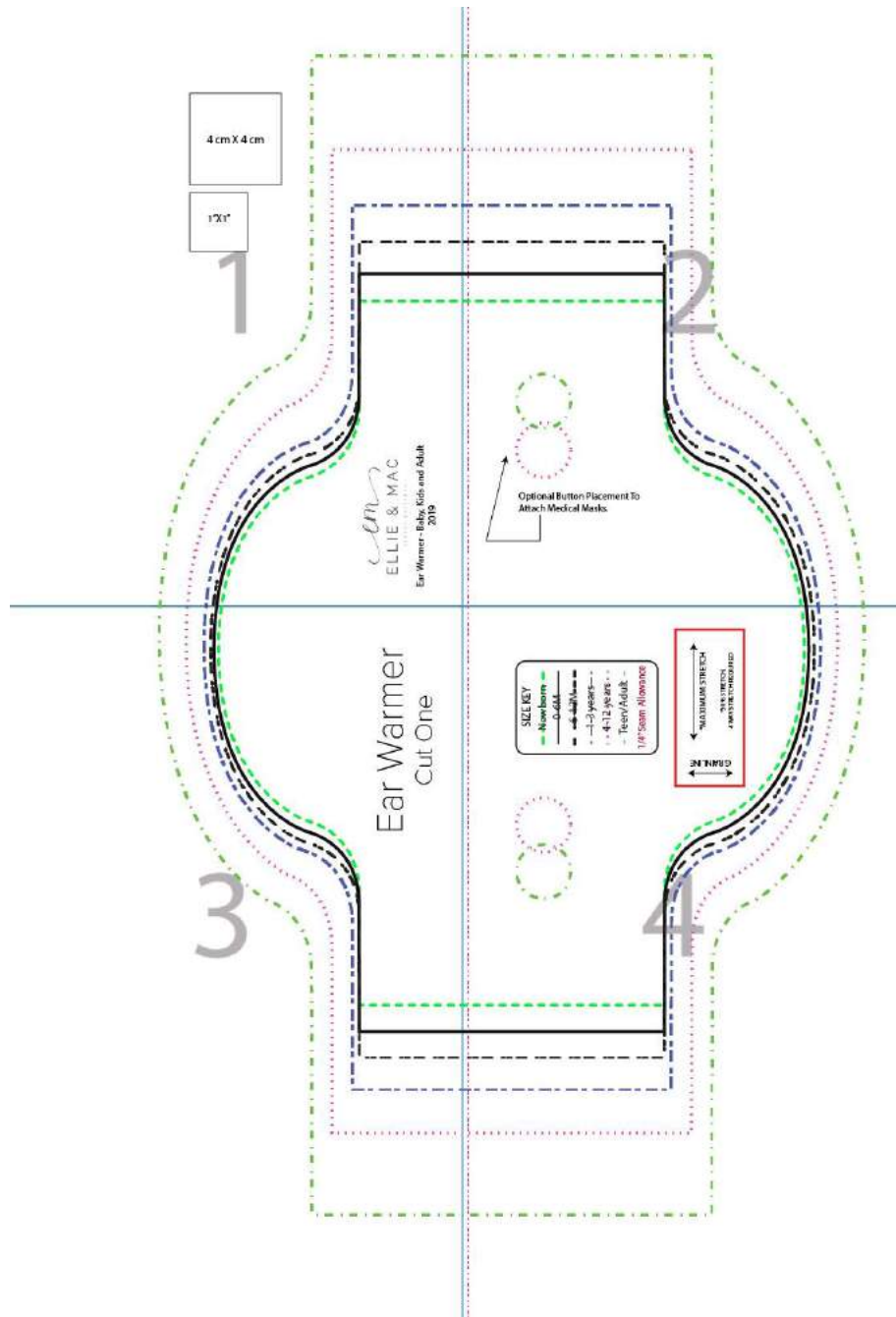


PAGE SETUP FOR LETTER AND A4 ARE THE SAME

Page Setup for Letter and A4 sized paper are the same.



PATTERN ASSEMBLY *Diagram*



These pattern pages are trimless. They are designed to touch the corresponding page against either the blue lines if printing letter, or the pink dotted lines if using A4. There are no frames and no trimming is required.

Size Chart

SIZE	HEAD CIRCUMFERENCE
NEWBORN	14.25-15"
0-6 MONTHS	16" - 17.75"
6-12 MONTHS	18" - 19.25"
1-3 YEARS	19.5" - 20.25"
4-12 YEARS	20.5" - 21"
TEEN/ ADULT	21.25" - 22.25"

HOW TO MEASURE

Head Girth: Measure the maximum horizontal circumference of the head above the ears.

Required PIECES



**ALL SIZES:
EARWARMER**

Seam Allowance: ¼”



Fold Earwarmer with **RIGHT SIDES TOGETHER**, matching the curves. Pin or clip the curved edge.



Sew, using your preferred stretch stitch.



Turn Earwarmer Right Sides Out and press.



Place Earwarmer with Right Side Up and mark the left center edge and the right top corner.

Note: Next steps may be tricky, so read through a few times, if needed, before sewing!

Twist



Fold the right marked edge over and underneath the left marked edge, as shown.

You will then flip the bottom edge up past the Earwarmer.



The right top corner should now be on top of the left center mark. Red and orange clips are stacked in the photo.

Pin or clip together.

Fold the bottom edge up to the middle mark and pin or clip together.

This will cover the seam from the original middle mark.

Fold the top edge down to the middle mark and pin or clip together.

Folded edges will look like this.





Sew a straight stitch to secure the raw edge of the Earwamer.

Trim away excess seam allowance.



Twist will look like this from the WRONG SIDE.



Twist will look like this from the RIGHT SIDE.

Button Option for Medical Mask



Mark Button placement with a fabric marker, pin, or clip.



Hand sew your button to your headband, going through both layers of fabric.

Secure ends and trim away thread.



Repeat steps for other Button.

You did it!

Tester BRAG PAGE





THANK YOU SO MUCH FOR YOUR
SUPPORT OF MY ART. I HOPE YOU
LOVE WHAT YOU MAKE AND THAT
IT BRINGS THOSE AROUND YOU
JOY AND EXCITEMENT!

Lindsey Essary

DESIGNER

ELLIE AND MAC

GET IN TOUCH

Email-

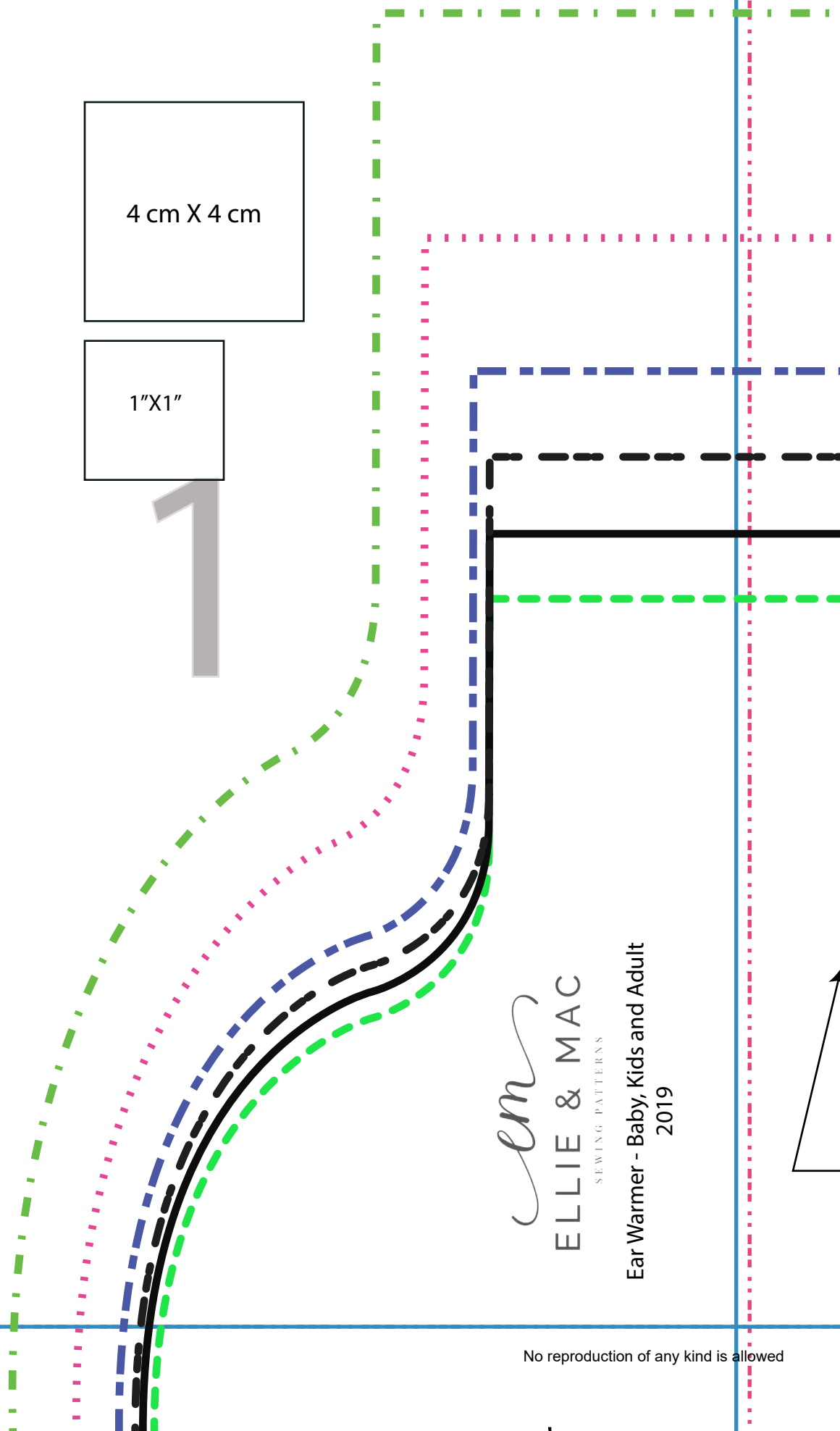
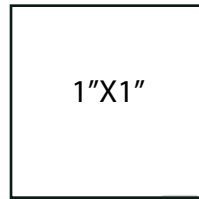
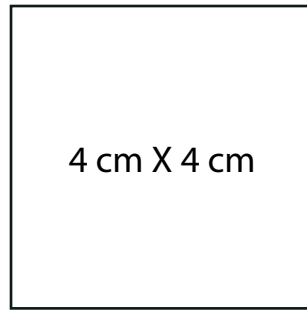
info@ellieandmac.com

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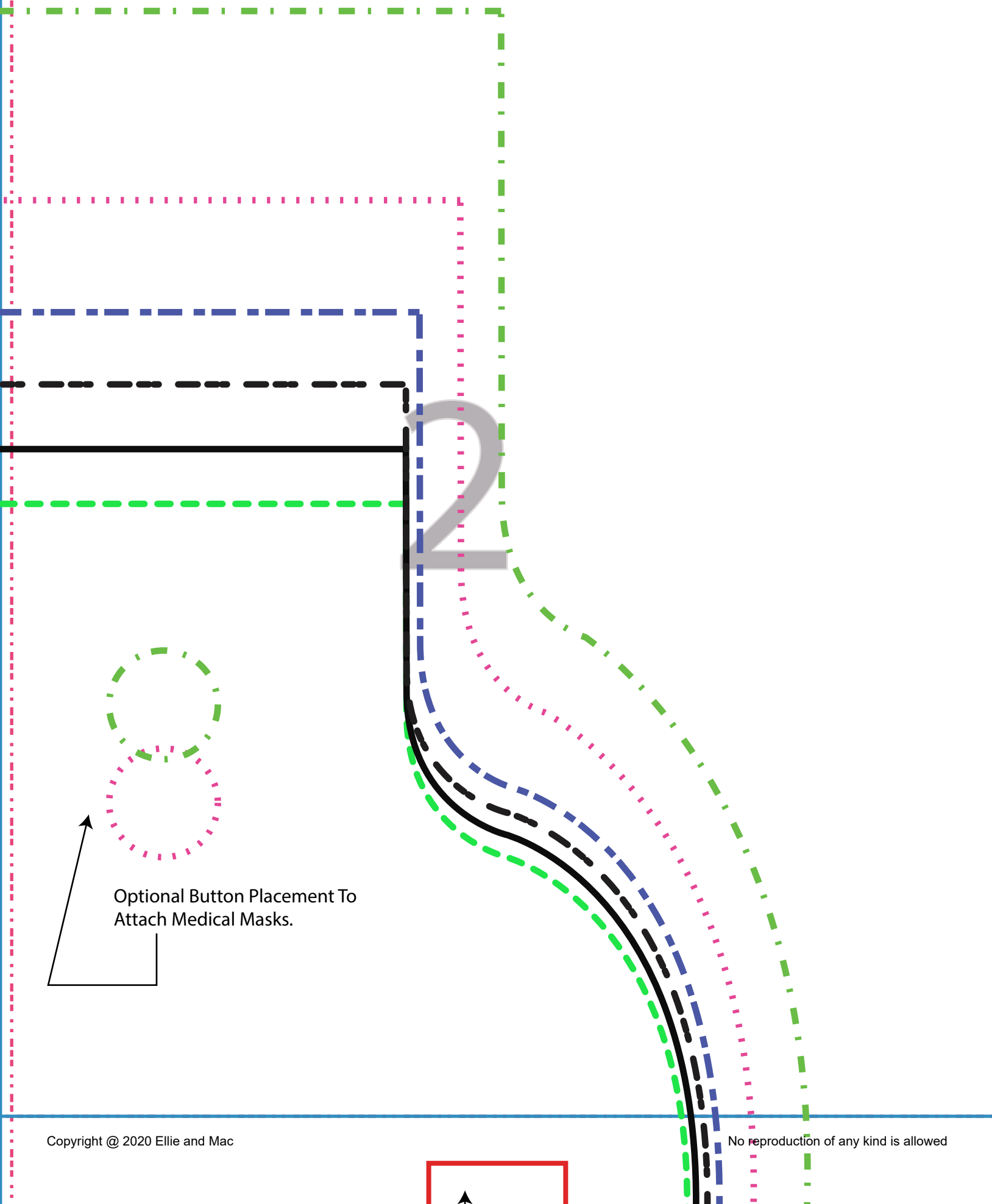
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SEWING PATTERNS
Ear Warmer - Baby, Kids and Adult
2019

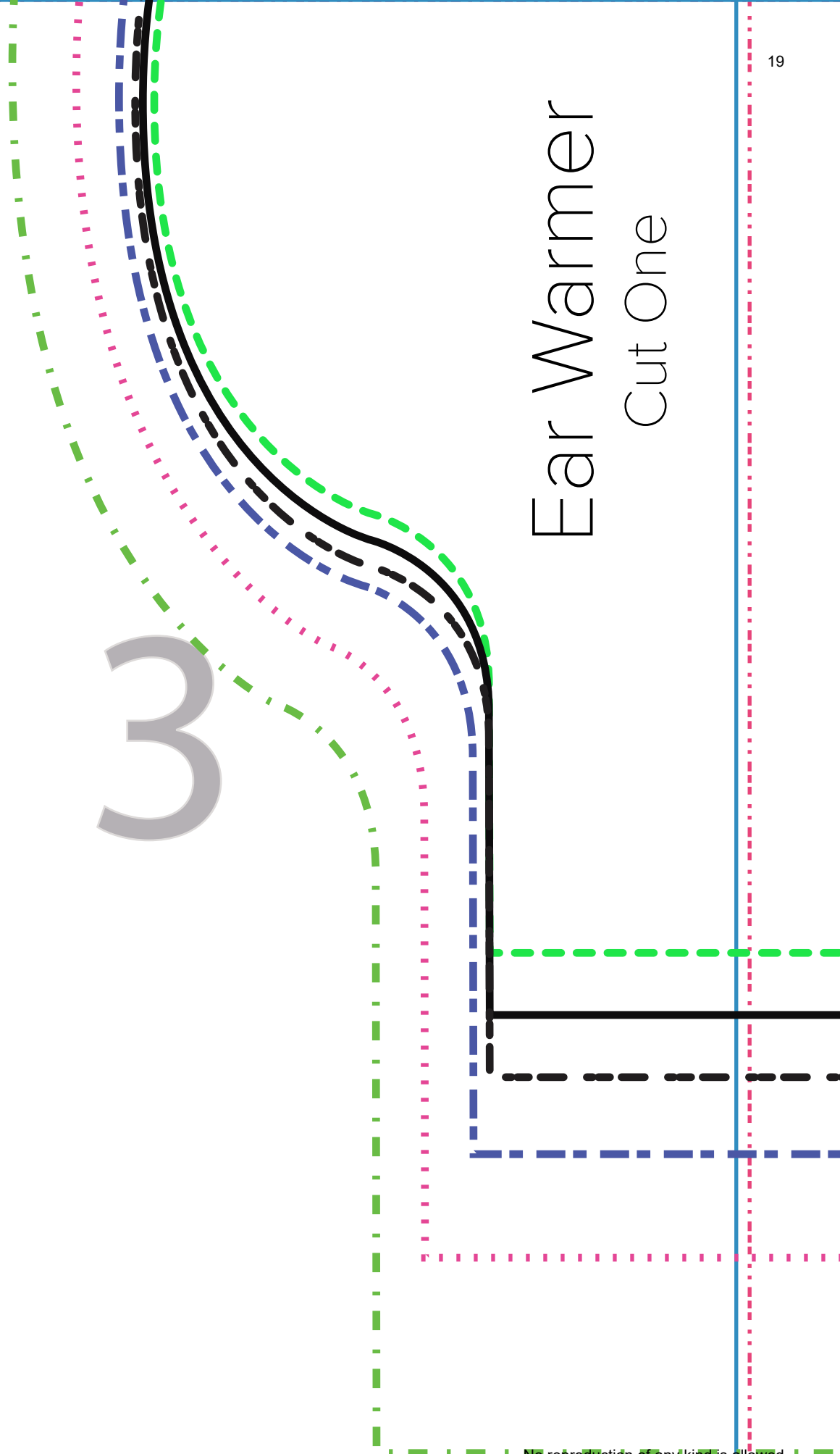


Optional Button Placement To Attach Medical Masks.

Ear Warmer

Cut One

3



SIZE KEY

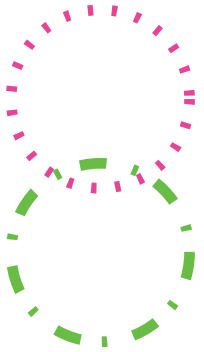
- Newborn
- 0-6M
- 6-12M
- 1-3 years
- 4-12 years
- Teen/Adult

1/4" Seam Allowance

GRAINLINE

*MAXIMUM STRETCH

*50% STRETCH,
4 WAY STRETCH REQUIRED



4