



Scrub Bag Pattern

By Willow Creek Quilts

A well-sewn drawstring bag perfect for carrying scrubs home from a shift.

Requirements:

(2) Fat Quarters (about 20" x 22") or 20" (.5 m) of quilting 100% cotton (about 42" wide)

(2) 2" x WOF (42" long) strips of coordinating fabric for ties or twill tape

Body :

If using fat quarters:

Remove selvages from fabric and trim to even size

Place **wrong sides together** and sew along the sides and bottom with a $\frac{1}{4}$ " seam allowance. Begin sewing at the very top edge and backstitch at the beginning and end of your seam.

If using .5m fabric:

Remove selvage from fabric and fold in half (**wrong sides together**, so short ends meet). Sew both sides with $\frac{1}{4}$ " seam allowance. (This is the beginning of our French Seams.) Begin sewing at the very top edge and backstitch at the beginning and end of your seams.



Trim loose threads.

(Otherwise these will stick out of your clean seams later on.)

Press seams to one side then turn the bag so **right sides are together**, push corners out and press so seams are flat.

Sew a $\frac{3}{8}$ " seam down both sides (and the bottom, if using fat quarters); this will encase the raw edges from your last seam. Press seams to one side then turn the bag right side out. Push corners out and press flat.



Casing: Turn the bag inside out, fold down the top edge $\frac{1}{2}$ " and iron. Fold under again $1\frac{3}{4}$ " to make a casing. Sew along the bottom edge of the fold to catch all layers of fabric. Backstitch at the beginning and end of your seam.



Ties: Press each 2" strip in half along the length. Open and fold both long raw edges to the center crease. Iron creases again. Fold once more along the length to make a $\frac{1}{2}$ " tie. Topstitch along the open edge ($\frac{1}{8}$ " from the edge, or however close you're comfortable with.) (I left the selvages intact to make a cool edge on my ties) Repeat for the second tie.

(Use twill tape or cording if desired)

Open a small portion of both side seams at the top of the bag. Thread one tie through a hole, go around the whole top of the bag and bring the tie out where it came in. Match the ends of the ties and sew them together about 1" from the end. Repeat on the opposite side with the other tie. (I found my Purple Thang was perfect to thread the tie through the casing. A safety pin will also work.)



Slide both ties to the bottom of the casing and sew a 1" seam about $\frac{1}{8}$ " from the top edge so it secures the seam we just opened.

Wash in hot water prior to donating them to prevent any dye transfer. We recommend using Colour Catchers

Fluff up your bag, smile and give a word of thanks for the healthcare worker you just made this for.